

AYNSW April 2009 Newsletter

Hello everyone.
Here is the AYNWS Newsletter for April.

Aiki Kids Grading

Congratulations to those kids who tested on Tues. March 31st for their red belt. They practiced hard for it and listened well to the sensei. Well done, new red belts!

Results are as follows:

8th kyu Junior

Sam Byron
Charlie Byron
Ryan Friend
Leanna Shteinberg

Next grading will take place Sat. April 25th. Those interested in grading should speak to an instructor.

Takeo Sensei 2009

The countdown is on - less than a week to go until Takeo Sensei arrives in Sydney! But there is still time to book your spot in the seminar:

Takafumi Takeo Sensei (9th Dan) will be conducting a 3-day seminar next year over the long Easter Weekend. One of Yoshinkan Aikido founder Gozo Shioda Soke's main uchideshi (special student), Takeo Sensei is Kancho (Dojo Head) and founder of Aikido Yoshinkan Yamanashi. He was also Chief Instructor at Honbu Dojo for over 10 years prior to that. His passion for aikido can be seen in his dynamic technique and in his enthusiastic and inspirational teaching. A clip of his past demonstrations can be seen on YouTube:

<http://www.youtube.com/watch?v=LYmoSu46Ar4&feature=related>

Accompanying Takeo Sensei is Chiemi Nakagawa Sensei (5th Dan), his main student and assistant instructor, and also winner of the Annual All Japan Aikido Yoshinkai Embu Taikai on several occasions. As a female aikidoka, Nakagawa Sensei is an inspiration to both women and men for her sharp and powerful execution of technique and amazing ability as uke.

We have received extensive interest from interstate as well as overseas and places for both seminar and welcome party are filling rapidly.

This is a once-in-a-lifetime event not to be missed so book now to secure your place:

Seminar: Saturday April 11 (10.00-12.00 & 2.00-4.00)
Sunday April 12 (10.00-12.00 & 2.00-4.00)
Monday April 13 (10.00-12.00)

\$250 includes all 3 days of seminar and entrance to demonstration

Demonstration: Monday April 13 (2.00-4.00)
Entrance fee: Adults \$10 Kids \$5

This is a rare chance to train under a teacher who brings all his passion for aikido to every minute of every class.

Takeo Sensei Welcome Party

AYNSW will be holding a special welcome party for Takeo Sensei and Nakagawa Sensei when they visit in April. Details below:

Date/Time: Sat. April 11th from 7:30 pm

Place: Spanish Tapas Restaurant, 26 Glebe Point Road,
Tel. 9571 9005 (1-minute walk from seminar venue)

Cost: \$55 private banquet includes an assortment of salads, a wide variety of seafood, meat, and vegetarian tapas, a wide variety of seafood, chicken, vegetarian paella. There will also be a special flamenco show to top off the evening!

Takeo Sensei's visit is a once-in-a-lifetime event and this welcome party is a rare opportunity to meet and speak with one of the world's top martial artists, a 9th Dan in Yoshinkan Aikido. **Please book and pay no later than Wed. April 8th.**

Public Holiday Schedule

Please note the dojo will be shut on these days:

- Fri. April 11th to Mon. April 13th Easter Long Weekend
- Tues. April 14th there will be no 9:00 morning class.
- NSW International Training College will be shut Tues. April 14th to Wed. April 29th. Lunchtime classes there resume Thurs. April 30th.
- Kids Classes follow the school term calendar; there will be no kids classes Tues. April 14th to Wed. April 29th. Classes will resume Thurs. April 30th.

AYNSW YouTube Ad

Check out the dojo's first promo ad on YouTube.

<http://www.youtube.com/watch?v=RK-E2zys69s>

There is also a smaller file version available and if you would like it for your mobile phone let us know and we will send you a copy. Thanks again to everyone who took part in the shoot!

Inoue Kyoichi Hanshi and Chida Tsutomu Shihan Malaysia Seminar

Inoue Kyoichi Hanshi (9th Dan), former Headmaster of Yoshinkan Honbu and Chida Tsutomu Shihan (8th Dan), former Chief Instructor, will be conducting a series of clinics in Malaysia over a 3-day seminar in June.

DEN

presents

AIKIDO MASTERS SCHOOL

Legend and Transmission

Malaysia Camp

Featuring

KYOICHI INOUE 9th DAN **TSUTOMU CHIDA 8th**

DAN

Former Yoshinkan Head Master

Former Yoshinkan Chief Instructor



SABURO TAKASHIMA Sensei 5th DAN

Former Uchideshi at Yoshinkan Honbu



PHOTO: Hinata Haga

Join us at a 3-day Seminar and Clinic featuring world famous top Aikido instructors in the beautiful resort area of Redan, just outside of Kuala Lumpur! We will have classes filled with dynamic Aikido techniques, and clinics focusing on the essence and philosophy of the art. Moreover you can enjoy the beautiful scenery, great food, parties, BBQ, dancing, Karaoke and marine sports!

Schedule

June

11th (Thu)	Port Dickson Resort Hotel check in	Dinner with Senseis
12th (Fri)	Clinics and Seminars	Dinner at local Chinese restaurant
13th (Sat)	Clinics and Seminars	BBQ party
14th (Sun)	Clinics and Seminars Demo	Party at the hotel
15th (Mon)	Redan Resort Island	
16th (Tue)	Redan	BBQ party
17th (Wed)	Redan; back to KL	Farewell party
18th (Thu)	We will be dismissed at the hotel in KL	

Redan Resort Island



Course A 750 USD (7 nights 8 days)
3-day Seminar plus 3 day on the island,
Food, hotel (5 nights) all included

Course B 550 USD (4 nights 5 days)
Same as above without the additional 3 day on the island

*** However, note that airline ticket and transportation fee to the hotel is NOT included in either of the courses. Also, rooms will be shared by 2 to 3 people. We can offer you a private room with the additional cost of 200 USD.**



Redan Island is one of the most beautiful islands in Malaysia. We'll spend there 3 days, enjoying such activities as snorkeling, swimming, BBQ-ing and more. Hope you can make the best of what Mother Nature has to offer in Malaysia.

For more information and to request and application form please contact Saburo Takashima at stakashima2002@yahoo.co.jp

Hansei (Reflections)

With Takeno Sensei & Nakagawa Sensei arriving next week I am excited that we here in Sydney will be hosting them. I first accompanied Takeno Sensei to the UK about 10 years ago. The host at that time was Paul Stephens, with whom I had done the Senshusei Course (1 year Instructor Course) and Eva Stauffer, also a past Senshusei. I later accompanied Takeno Sensei to Canada, Germany, Melbourne and Malaysia. The trip to Germany was particularly memorable for me as it reunited Paul Stephens, Stephan Otto (a fellow Senshusei Course graduate) and myself. We had all met at Yoshinkan Honbu in March 1992 having arrived to settle in for the Senshusei Course starting on April 1st. Soon we were living together, training together and working together. It really was like being in a barracks within Tokyo with everything revolving around the dojo and training. We literally lived aikido and although the memories are sweet now it was often very hard. There were 14 people who started our course on April 1st 1992, by the end of the first week half had quit, 4 made it through the year to graduate. Seventeen years later all of us are still training, still promoting Yoshinkan Aikido in our respective areas.

Persistence and perseverance are two key words that any Senshusei graduate knows well. It is easy enough to sign up for something that on paper seems quite glamorous. It is something else when it is just your will pushing through pain, stress and physical exhaustion. Within that one-year Senshusei course, training alongside the Tokyo Metropolitan Riot Police, I learnt a lot about Yoshinkan Aikido. It also taught me much about perseverance leading to success, how a strong will to succeed can overcome even the most daunting obstacles.

Looking back at the last 4 years since we arrived back in Australia in April 2005, I can see clearly that the spirit of Yoshinkan Aikido that was drilled into us is alive and well here in Sydney. I see students taking on responsibility for both the seminar and demonstration. Students have re-arranged work schedules, taken time off work and put themselves as fully into the preparation for this as they could. I am both pleased and grateful. That level of commitment furthers my resolve to do more to train and promote Yoshinkan Aikido in Sydney.

I know everyone will enjoy this unique opportunity to feel Takeno Sensei's technique and be inspired by his lifetime commitment to aikido.

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Regards,
Peggy & Darren

Aikido Yoshinkai NSW
Level 1, 72 Wyndham St.
Alexandria Sydney 2015
02 9560 1434 / 0422 522 888
www.aikido-sydney.com.au

Aikido Yoshinkai NSW instructors are accredited as martial arts coaches through the Martial Arts Industry Association (MAIA) under the auspices of the National Coaching Accreditation Scheme (NCAS.) administered by the Australian Sports Commission.