



AYNSW October 2009 Newsletter

Hello everyone.

Here is the **AYNSW** Newsletter for October.

Grading

The next grading will take place Saturday Oct.31st from 2:00. Grading invitations will be sent out soon.

School Holidays

AYNSW follows the school term calendar so please note that from Oct.3rd to Oct.18th there will be no kids classes over the school term holidays. The last kids class of Term 3 will be Thurs.Oct.1st and the first kids class of Term 4 will be Oct.20th. Those on monthly accounts will have them put on hold over the break.

Schedule Change

Please note that due to a scheduling conflict there will be no morning class on Thursday October 8th and Thursday 15th 9:00-10:00. AYNWSW apologizes for any inconvenience.

AYNSW YouTube Videos

Aikido Yoshinkai NSW has launched its YouTube TV Channel AYNWSW. The site has a range of video content on it and we will be adding to it regularly. Current video available includes Inoue Sensei Seminar 2008, Takeno Sensei Demonstration 2009 (thanks to Patrick Matijevic for editing) and various other aikido clips.

On July 25th AYNWSW held a public demonstration to commemorate its 4-year anniversary. Check out this video and others at

<http://www.youtube.com/user/AYNSW#play/uploads>

Aikido Gasshuku (training camp) 2010

Aikido Shudokan Melbourne is planning to host Tsutomu Chida Sensei 8th Dan for a series of clinics over the Anzac Day weekend April 23rd-26th next year. More details on this event will be forthcoming soon.

Aikido News Articles

Darren is featured in an upcoming issue of *Blitz Magazine* Vol.23 No.10 in their new segment titled "Fightin' Words." He was asked to write on cross training in martial arts.

Also look out for a mention in the magazine on Joe Sensei's Sydney seminars.

Tokyo Journal is the foremost English language publication in Japan. Recently it ran an article on aikido and the "Senshusei Course". Darren and Peggy were interviewed for this article. The article is available on the AYNSW website in the media section. Visit:

<http://aikido-sydney.com.au/aikido-photos?album=1&gallery=11>

Robert Mustard Sensei was the Chief Foreign Instructor at Yoshinkan Honbu during Darren's Senshusei Course. Robert Sensei was featured in a Canadian newspaper, follow this link.

<http://www.vancouversun.com/sports/Aikido+master+prowess+lives+literature/2009893/story.html>

USYD Kids Sports Camps

AYNSW will be holding aikido clinics as part of Sydney University Sports "Kids Sports Camps". The clinics will be on Thursday October 8th and 15th from 9.00-1pm. If you are free and would like to assist please see Darren.

Hansei (Reflections)

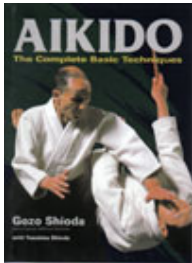
I recently picked up a copy of "Aikido: The Complete Basic Techniques", a text we featured in this newsletter last month. I was filled with nostalgia and memories of Japan as I flicked through the text and found a lot of photographs from photo shoots that I had been a part of during my time at Yoshinkan Honbu.

A photo or video shoot was a fairly regular experience for the dojo staff. On average we probably did 2-3 per year, for text books, calendars and video or TV promotion.

As assistants to the senior teachers, this was always an exciting time. There was the responsibility of getting every aspect of the technique correct for the shoot, determining the best position for the camera, stepping through the technique to make sure that all essential elements were being captured. This alone was a great learning experience. Like any media production there was also a lot of down time as cameras and lights were made ready, or we were waiting our turn. The teachers did

not let this down time go to waste. As we waited we'd often be treated to some real insights or techniques that were not part of the regular syllabus. It was our chance to be close to the teachers in an aikido setting without distractions and the art in it's purest form on display. It was indeed a privilege and memories that I will always cherish.

"Aikido: The Complete Basic Techniques" is a great reference book that I highly recommend. Widely available through major book suppliers



ISBN9784770030191

DF

Regards,
Peggy & Darren

Aikido Yoshinkai NSW
Level 1, 72 Wyndham St.
Alexandria Sydney 2015
02 9560 1434 / 0422 522 888

www.aikido-sydney.com.au AYNSW instructors are accredited as martial arts coaches through the NMAS (National Martial Arts Instructor Accreditation Scheme) certified by RABQSA (under International Standard ISO 17024 - Joint Accreditation Scheme of Australia and New Zealand).